



**NORTHERN  
SUBURBS  
FOOTBALL**  
EST. 1957

## **2021 Birth Date Requirements**

### **Age Groups for 2021 NSFA Season**

Under 6	Born on or after 1 <sup>st</sup> January 2016*
Under 7	Born on or after 1 <sup>st</sup> January 2014*
Under 8	Born on or after 1 <sup>st</sup> January 2013*
Under 9	Born on or after 1 <sup>st</sup> January 2012*
Under 10	Born on or after 1 <sup>st</sup> January 2011*
Under 11	Born on or after 1 <sup>st</sup> January 2010*
Under 12	Born on or after 1 <sup>st</sup> January 2009*
Under 13	Born on or after 1 <sup>st</sup> January 2008*
Under 14	Born on or after 1 <sup>st</sup> January 2007*
Under 15	Born on or after 1 <sup>st</sup> January 2006*
Under 16	Born on or after 1 <sup>st</sup> January 2005*
Under 17	Born on or after 1 <sup>st</sup> January 2004
Under 18	Born on or after 1 <sup>st</sup> January 2003
Under 21	Born on or after 1 <sup>st</sup> January 2000
Over 30	Born on or before 31 <sup>st</sup> December 1991
Over 35	Born on or before 31 <sup>st</sup> December 1986
Over 40	Born on or before 31 <sup>st</sup> December 1981
Over 45	Born on or before 31 <sup>st</sup> December 1976

\*Can apply for dispensation to play in a lower age group under the Relative Age Effect (RAE) Rule.

- a) Players may only register in Mixed SSF if they are four (4) years of age or older as at midnight on the 31<sup>st</sup> December of the year prior.
- b) No player should play in an age group more than two (2) years higher than they are qualified for, unless the Competitions Department has granted dispensation.
- c) The Relative Age Effect (RAE) allows for players born in last three (3) months (between the 1<sup>st</sup> of October and 31<sup>st</sup> of December), to offset any physical disadvantage to players born in the earlier months of a year by playing down an age group.